Watch the video on your own, skip forward and backward as you need to. Take any notes you feel are relevant. You can always revisit the video later.

1. What is “activation energy”?
2. What does a catalyst do?
3. What is an enzyme?
4. What do enzymes do?
5. What type of molecule are enzymes?
6. What is a substrate?
7. How does shape affect the function of an enzyme?
8. What factors might cause the shape on an active site to change? What is this called?
9. What steps does an enzyme take to work?

I know you have not learned about reaction types, it’s okay!